



**ROCKWALL PARKS
& RECREATION**

Senior Year CRASH COURSE



Join us for a unique twist on
“back to school” programming.

This 6 -week series will cover a range of essential topics while providing a safe space for seniors to share their experiences, learn new skills and gain practical insights to enhance their well-being.

**FRIDAYS JAN. 10 -
FEB. 21
NO CLASS FEB. 7**

**THE CENTER
108 E. WASHINGTON
10AM - 11:30AM**



Graceful Transcendence
Elevating The End

REGISTER IN PERSON OR ONLINE TODAY!